

On **11 August 2026** the General Pharmaceutical Council's Investigating Committee considered an allegation in relation to **Miss Hira Malik, registration number: 2083134** and determined to issue the registrant concerned with a warning in relation to the conduct alleged.

The Committee concluded that the appropriate outcome in this case is a warning with the wording of:

Miss Hira Malik is a registered pharmacist and pharmacist independent prescriber. She was the superintendent of one online pharmacy and the sole trader proprietor of another. Both pharmacies prescribed and dispensed weight loss medicines. Miss Malik was a prescriber for both pharmacies.

The pharmacies were inspected in 2024 and 2025 and failed to meet the standards for registered pharmacies (the "standards"). One pharmacy was given an improvement action plan and one received an Improvement Notice under the GPhC's statutory enforcement powers. Upon reinspection, one of the pharmacies failed to meet the standards for a second time and was given a further improvement action plan.

It was seen that:

- patients' weight and height were not independently verified,
- not enough reliable information about patients' health and medicines was obtained,
- the pharmacy relied on a patient's self-declaration to establish if they had an ongoing or past history of an eating disorder,
- records of prescribing decisions were inadequate,
- and the information regarding treatment and supplies was not shared with patients' GPs.

Since 2023, Miss Malik had been speaking with GPhC inspectors and had been reminded, on numerous occasions, of the standards and guidance for providing pharmacy services at a distance, including when the guidance was updated in February 2025.

The failings of the pharmacy, for which Miss Malik was the superintendent, led to six supplies of Mounjaro to a patient who had anorexia nervosa making the supplies inappropriate and unsafe. Miss Malik was provided with falsified information by the patient, about which she did not make sufficient or adequate checks to ensure its accuracy when she should have done so. Miss Malik was also the prescriber for five of those supplies.

Miss Malik has breached the following GPhC standards for pharmacy professionals:

- Standard 2 – Pharmacy professionals must work in partnership with others
- Standard 5 – Pharmacy professionals must use their professional judgement

Whilst Miss Malik has made a number of changes to her practice in the intervening period, she is warned that prior to prescribing and dispensing weight management medicines, she must ensure that the pharmacy has all the information required to ensure that supplies are clinically appropriate and that proper safeguards are in place to safeguard patients. Inappropriate supplies and lack of safeguards put public safety at risk and can undermine confidence in the profession.

Any repetition of this or similar conduct will be likely to result in further regulatory intervention.

This warning will be published on the register and will be available for 12 months.